



## Health Insurance for J-1 Exchange Visitors

As part of the U.S. Department of State's J-1 Exchange Visitor regulations, all J-1 exchange visitors and their family members in J-2 dependent status are required by law to carry health insurance with specific minimum coverage. You must be covered by health insurance for the entire duration of you and your dependent's stay in the United States. It is your responsibility to select, obtain and maintain health insurance coverage. Failure to maintain insurance coverage as detailed below is a violation of federal regulations and may result in the termination of your visa status.

Your health insurance coverage must meet the following requirements:

1. Medical benefits of at least \$50,000 per accident or illness.
2. Benefits for repatriation of remains (in case of death) in the amount of \$7,500.
3. Benefits for expenses associated with the medical evacuation to the home country in the amount of \$10,000.
4. A deductible not to exceed \$500 per accident or illness.

### SVA's student health insurance plan meets the above requirement.

It is strongly recommended that you enroll in SVA's health insurance plan. The cost is \$650 per semester. Healthcare in the U.S is expensive. You may incur unexpected costs related to healthcare during your stay in the U.S. Health insurance plans from your home country may not cover the entire cost of your healthcare needs in the U.S. If you plan to keep your health insurance plan from your home country, make sure it meets the above requirement.

You must provide proof of a valid health insurance plan by **Thursday, October 7, 2010** for the Fall 2010 semester or you will be automatically billed for SVA's plan.

*Note: SVA's health insurance plan is not available for dependent coverage. If you have dependents, you will need to purchase additional health insurance for dependents.*

### **Other health insurance plans for J-1 Exchange Visitors**

Listed below are samples of insurance plans that are designed to meet the requirements for J-1 exchange visitors and dependents. Please note that these plans are samples, and are not endorsed by SVA.

CISI, Cultural Insurance Services International  
<http://www.culturalinsurance.com/wccp-intlstudents.htm>

Gateway USA  
<http://www.internationalplans.com/>

MEDEX  
<http://www.medexassist.com/>

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School of VISUAL ARTS

## J-1 Exchange Visitor Health Insurance Certification Form

Statement of understanding and compliance with the J visa health insurance requirement

\_\_\_\_\_  
(Last/Family Name)

\_\_\_\_\_  
(First/Given Name)

I am in compliance with the insurance regulations as specified in 22 CFR section 62.14 of the Exchange Visitor regulations. I understand that it is my responsibility to maintain my status and continue health insurance coverage for myself and my J-2 dependents, if any, for the duration of my visit to the United States, from the date of arrival until the date of departure.

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

What you need to do for the Office of Student Health and Counseling Services:

- 1) Prepare your SVA Student Health Form and submit it to the Office of Student Health and Counseling Services. The form may be faxed to 1.212.592.2216.
- 2) If you do not wish to be billed for the SVA health insurance and have other health insurance that can be used in the U.S., you must complete an online waiver. Go to: <http://www.sva.edu/aetna> and select "waive" from the left side to complete the online waiver process. You will need to know your SVA student ID number in order to complete this process.

**You will automatically be billed for and enrolled in SVA's health insurance plan if the online waiver is not completed by Thursday, October 7 for the Fall 2010 semester.**

What you need to do for the International Student Office:

- 1) Read page 1 and sign this form.
- 2) Submit this form and a copy of your health insurance card to the International Student Office before or during your orientation meeting.

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