



School of
VISUAL ARTS

Student Health and Counseling Services

23 Lexington Avenue, George Washington Residence, Room 302

212.592.2246

STAFF

Rachel Dress, LMSW.....	Therapist
Christine Gilchrist, MSN, MPH, RN, BC.....	Associate Director
Mark Howell, PhD, LCSW	Therapist
Melissa Merkel.....	Coordinator
Edward Rabinowitz, MD.....	Psychiatrist
Navah Steiner, LCAT	Therapist

2011-2012

Monday-Friday
9am-5pm

SERVICES

All services provided by our office are free and confidential. Students who would like to schedule an appointment should call 212.592.2246.

A registered nurse is available for health education and assistance in locating local providers. Medical services are not available on-site.

Licensed therapists and a part-time psychiatrist provide short term psychotherapy for a variety of mental health issues.

EMERGENCIES.

For physical or mental health emergencies, please call 911 and contact Security in your building.

LIFENET offers free, confidential assistance over the phone and has access to mobile crisis teams when further aid is needed. To access these services, call 1.800.LIFENET.

COMMUNITY HEALTH RESOURCES

Listings for local health care providers and other resources can be viewed at My SVA. Students should select the Health and Counseling Services page and then “Community Health Resources.”

Manhattan’s Physician Group offers Express Medical Care (walk-in medical services) from 8am to 4pm, Monday through Friday and 8am to 12pm on Saturday at their 21 East 22 Street (Park Avenue and Broadway) location. They can be reached at 212.460.7800.

Beth Israel Medical Group provides walk-in (no appointment required) medical services. Their 202 West 23 Street (7th Avenue) location can be reached at 212.352.2600 and is open 24 hours a day, 7 days a week.

The Samaritans offers a 24 hour crisis response hotline. Call 212.673.3000 for free and confidential emotional support.

INSURANCE

Students are required to have health insurance and are automatically enrolled in the SVA-sponsored health insurance. If you have other coverage and do not wish to partake in the school-sponsored plan, you must waive the Health Insurance Fee. The deadline to waive the SVA-sponsored health insurance for the fall semester is September 24, 2011. The deadline for the spring semester is February 4, 2012. For information about the insurance or to waive the fee, go to: www.sva.edu/aetna. For inquiries about the insurance coverage, call Aetna Student Health at 1.877.623.3324.